

# ❧ LUNCH MENU ❧

## BITES

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**CHILI CHEEZE FRIES 11**  
"QUESO" SAUCE, SCALLIONS AND CREMA

**BUFFALO CAULIFLOWER BITES 12**  
SHAVED CARROTS, CELERY LEAVES AND CASHEW RANCH

**MIXED GREEN SALAD 4**  
WITH CHOICE OF DRESSING

**CHILI 8**  
PINTO BEANS, TOASTED PUMPKIN SEEDS, CHILI LIME CORN NUTS, AND CASHEW-LIME CREMA

**SOUP DE JOUR 4 / 6**  
SOUP OF THE DAY- "MMM, THAT SOUNDS GOOD. I'LL HAVE THAT."

**SWEET POTATO FRIES 7**

**FRENCH FRIES 6**

## GREENS

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(\$1.50) Add Avocado, Tempeh Bacon, Kimchi-Miso Glazed Tempeh or (\$4)  
Roasted Maitake Mushroom to any salad to make it an entrée.

**KALE CAESAR SALAD 13**  
MIXED KALE AND ROMAINE LETTUCE, HEIRLOOM TOMATO, CHICKPEAS, WALNUT CHEEZE, PURPLE DAIKON, BROCCOLI, AND FOCACCIA CROUTON

**KALE CAESAR WRAP 14**  
LAVASH WRAP, MIXED KALE AND ROMAINE LETTUCE, EARLY GIRL TOMATO, BROCCOLI, BEET HUMMUS, AND GRILLED TEMPEH

## BURGERS

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Burgers come with fries or salad with choice of dressing or (\$2) Sweet Potato Fries (\$2) Gluten Free Bun. (\$1.50) Add Avocado or Tempeh Bacon

**BEYOND BURGER 16**  
LITTLE GEM LETTUCE, TOMATO, ONION, AMERICAN CHEEZE, PICKLES, SECRET SAUCE ON SESAME SEED BUNS

**WESTERN BBQ BURGER 17**  
SWEET AND SMOKEY BBQ SAUCE, CRISPY ONION, AMERICAN CHEEZE, PICKLES, AND RED ONION ON A SESAME SEED BUN

**CHILI CHEEZE BURGER 16**  
PUMPKIN SEED CHILI, "QUESO" SAUCE, CRISPY HOMINY, AND RED ONION ON A SESAME SEED BUN

# LIL SPROUTS (12YRS & UNDER ONLY)

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## MINI BEYOND BURGER 10

AMERICAN CHEEZE WITH FRIES AND VEGGIE STICKS ON A SESAME SEED BUN, GLUTEN FREE BUN (\$2)

## CAULIFLOWER NUGGETS 8

FRIES AND VEGGIE STICKS WITH CASHEW RANCH

## SWEETS

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### CHOCOLATE CHIP COOKIE 7

WITH VANILLA BEAN ICE CREAM

### SLICE OF LAWSON'S GF BROWNIE 6

WITH VANILLA BEAN ICE CREAM

### ALAMEDA POINT ROOT BEER FLOAT 7

### CUPCAKES 5

• Provided by My Cupcake Corner •

ASK SERVER FOR FLAVORS OF THE WEEK (GF OPTIONS)

## DRINKS

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### ALAMEDA POINT CRAFT SODA 3

HANGER 25 COLA, LOST ISLAND GINGER BEER, CABLE CAR LEMON LIME, OAK TOWN OLD FASHIONED ROOT BEER

### ORGANIC ICED TEA 3

CLASSIC BLACK, WILD BERRY HIBISCUS (HERBAL)

### ORGANIC RISHI HOT TEA 4

ASK SERVER FOR MENU

### HINT KIDS "JUICE" BOX 2

APPLE, WATERMELON, CHERRY, AND BLACKBERRY

### CBD INFUSED SPARKLING WATER 8

20MG CBD PER 12OZ ~ NO THC - SEE BEVERAGE LIST

### KOMBUCHA ON DRAFT 8

12OZ - SEE BEVERAGE LIST

### ROTATING NITRO TEA OR COFFEE 8

12OZ- SEE BEVERAGE LIST

### OATLY OAT MILK 3

We strive to source produce from local organic farms as much as possible. Spade and Plow, Mariquita Farm and Alive and Healing Tempeh are just a few of the farms and producers we showcase.

Please note that many of our sauces are nut based and if you have any food allergies or a special dietary requirement, please inform your server prior to placing your order. Thank you.

GF- All items can be made Gluten Free Except the Chocolate Chip Cookie



**CRAFT ROOTS**  
BAR AND VEGGIE GRILL